

Spa Triangle in Western Bohemia and Prague

Number of days	7
Number of nights	6
Number of cycling days	5
Total distance	243 km / 145 miles
Grade of difficulty	Moderate



Highlights

- [Prague](#) – the capital city of Czech Republic
- Karlovy Vary – historically famous for its hot springs, a one of the oldest in the world and one of Europe's major film festival and for the popular Czech liqueur Becherovka.
- Františkovy Lázně – world-renowned as a spa in Cheb District.
- Mariánské Lázně – the spa town, surrounded by green mountains, is a mosaic of parks and noble houses.
- The Iron curtain trail – part of EV13 following former

Standard tour program

Day 1

Karlovy Vary (Carlsbad)

Optional transfer from Prague (160 km / 100 miles by bus)

Arrival to the town of Karlovy Vary (Carlsbad), founded by the emperor Charles IV. in the 14th century. It is the biggest spa in the Czech Republic, having 12 healing springs. Actually 13 – the last is the famous Becherovka herbal liqueur. Also known for its china and promenade of beautiful architecture and luxury shops, we do suggest a full day to explore this noble town, still an oasis for some of the world's richest people. On request we offer a transfer from Prague (130km) by car or van.

Day 2

Karlovy Vary loop

(30-70 km / 19-44 miles by bike)

In the morning you will take a local train for a short ride to the Ore mountains. This old mining/mountaineering area is now under the UNESCO protection thanks to all the mining and mining related history. You take the journey to a small mining town of Horní Blatná. Here you start biking through towns like Abertamy or Jáchymov and check out a lot of the heritage together with the lovely nature!

Day 3

Along Ohře river to Františkovy Lázně (62km / 38 miles by bike)

We'll start from Karlovy Vary and bike through the amazingly beautiful Ohře river valley nature. Our day leads us along a newly built cycling trail through the Slavkov Forest nature preserve and the stunning Svatošské Skály rock formations. Following the river we arrive in Loket with its stunning 14th-century castle. Next stop is the town Sokolov with a nice chateau and town centre originating in the 13th century. Refreshments abound along the route, but the Kynšperk brewery or the coffee Mostov's small chateau are highlights. Today's last stop and our overnight stay is the spa town of Františkovy Lázně (Franzbad), a 19th-century spa town built by the emperor Franz I. This regal town still maintains the atmosphere of the golden age of spas. Immerse yourself and enjoy the waters after a long biking day!

Day 4

Františkovy Lázně and Iron curtain trail loop (15-60 km / 10-37 miles by bike)

Today's program is really flexible. Spa lovers can spend the whole day being pampered in the spas' healing waters. For those who prefer two-wheeled therapy, we offer a 60 km loop, but we can adjust lengths and difficulty of the ride to fit you best!

For centuries this area stood as the border between the Holy Roman Empire and the Czech kingdom. Thanks to this fact, our day's ride will be full of castles, fortresses, and chateaux, many accurately restored so the whole trip looks like a journey through "Old Europe" - which it is! Part of the day will also trace the borders of the Iron Curtain, a reminder of the Cold War. Should you desire, a short trip to Germany reveals the recently restored Hohenberg castle, where the German people expelled from Czechoslovakia after World War II have their cultural centre.

Day 5

Františkovy Lázně – Mariánské Lázně (50 km / 31 miles by bike)

Just a couple of kilometres from Frantiskovy Lazne we reach the town of Cheb. For centuries this town was the gate between the Holy Roman Empire and Czech kingdom. This beautiful town is without doubt the most "German" place in the Czech Republic, highlighted by the 13th-century merchant house, "Špalíček," and the imperial castle, unique in the Czech Republic. It was the favorite residency of the emperor Friedrich Barbarossa and contains a striking Romanesque chapel. From Cheb we bike on car-free roads through small villages that attest to the centuries-old influence of the German people. On the way we visit a Marian Loretto pilgrimage church and a chateau in Stary Hroznatov. The last stop on the way is the opulent chateau Kynzvalt, built by Counselor Clemmens Metternich in the 19th-century as his representative seat. Today its architecture makes an elegant café stop. Just a few kilometers on, we reach our final stop of the day – the spa town of Marianske Lazne. Take time to soak those muscles in the spas' healing waters.

Day 6

Mariánské Lázně - Bečov nad Teplou - Mariánské Lázně (55 km / 34 miles by bike)

In the morning we have to climb a hill, or we can take the ski lift! Once on top, we bike along small roads to the Tepla monastery dating back to 12th century. We can admire the monastery church and particularly the library with some 80 000 books from all eras. From here on we bike through the mild forests and meadows of the Slavkovsky Forest area to the town of Becov nad Teplou, its chateau the hiding place of the famous St. Maura reliquary. It is one of the most important and valuable historical items of the country and of all Middle Ages Europe! From Becov we can either take a train to Mariánské Lázně, or bike the remaining distance back.

On Guided Group Tours is possible transfer to Prague.



Day 7

Mariánské Lázně (or Prague on Guided Group option only)

This day is up to you to relax and explore either Mariánské Lázně or Prague by yourselves. If in Prague and eager for more biking, we highly recommend one day bicycle trip from Prague to Karlštejn Castle.

Prices and dates of departure

Tour type	Guided Group Tours	Self-Guided Individual Tours
Scheduled Tours	04.-10.06.2023 16.07.-22.07.2023	Daily, from April till the end of October
Price per person Cat B (based on double-room occupancy)	1095 €	695 €
Single room Cat B	1280 €	880 €
Price per person Cat A (based on double-room occupancy)	N/A	905 €
Single room Cat A	N/A	1100 €
Bike rental	105 €	105 €
E-bike rental	175 €	175 €
Road bike	140 €	140 €



Included on Self Guided tour

- 6x night in chosen category Standard or Premium
- 6x Buffet breakfast
- GPX data and off-line maps for smartphones
- Maps of towns of accommodation on the tour (per room)
- Detailed cycling maps (per room)
- Program and Route Book (per room)
- Transfer from ending point to the last hotel
- Luggage transfers between hotels
- 24/7 hotline

Included on Guided Group tour

- Pick-up from AVE Hotel in Prague on the first day of the tour at an appointed time
- 6x accommodation standard hotels and B&B
- 6x Buffet breakfast
- 3x Dinners
- Specialized AVE bicycle tour leader
- Support minibus
- Refreshments in the supporting vehicle
- Water for bike-flasks
- Maps of towns of accommodation on the tour (per room)
- Detailed cycling maps (per room)
- Program and Route Book (per room)
- Transfer to starting point
- Transfer from ending point to the last hotel
- Luggage transfers between hotels

Additional charge

Local tax payable on spot (approx. € 1 - 2 per person/night).

Arrival / Parking / Departure

Start of the tour – Prague
End of the tour – Prague

Airport - Václav Havel airport in Prague
Car parking in Prague for 19 € per night
Train station – Prague

Optional services

- GPS device with recommended route – 15 €, has to be ordered in advance
- transfer airport-hotel in Prague
 - transfer of 1-3 persons - 29 €
 - transfer of 4-8 persons - 39 €
- 3 hour private walking tour in Prague
 - 38 Euro per person (for 2 persons)
 - 26 Euro per person (for 3 persons)
 - 18 Euro per person (for 5 persons and more)
- Bicycle trip to Karlstejn Castle - 55 € per person, minimum two persons
- new helmet for a sale - 29 € per piece

Note: Museums, castles etc. are generally closed on Mondays.

Bike rental

- standard trekking bike, 24 gears or more
- e-bike
- accessories:
 - handlebar bag
 - lock
 - repair kit (on Self Guided option)
 - rear pannier (on request)
 - helmet (on request)
 - new cycling water bottle (a gift)

Optional

- a new helmet for a sale - 29 €
(has to be ordered in advance)



Contact

AVE Travel

Pod Barvířkou 6
Prague 5 – Smíchov
150 00
Czech Republic

E-mail: bike@avetravel.cz

Web: www.bicycle-tours.cz/



www.facebook.com/BicycleTours



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www.youtube.com/user/EuropeBicycletour

